



Breakfast

The Full Irish - Clonakilty Back Rashers, Sausages & Black Pudding, Rosscarbery White Pudding, West Cork Eggs Your Way, (fried, poached or scrambled), Toast (1,3,7) 10.95

Emmet Mini - All of the above but smaller (1,3,7) 8.95

Vegetarian Breakfast - West Cork Eggs- Your Way: Fried, Scrambled, Poached or Boiled (please specify time for boiled eggs), Baked Beans, Grilled Tomato, Fried Mushrooms (1,3,7) 7.95

Eggs Benedict - Poached West Cork Eggs, Bacon, Hollandaise Sauce Served on Country Bread (1,3,7) 8.95

Homemade Pancakes - Served with Maple Syrup or Honey, Fat Free Yoghurt or Cream (1,3,6,7) 5.25 Add Bacon 2.50

French Toast - Served with Maple Syrup (1,3,6,7) 5.25 Add Bacon 2.50

Flahavan's Porridge - Served with Honey or Maple Syrup, Greek Yoghurt or Cream (1,7) 3.95

Emmet Granola - Served with Greek, Fruit or Fat Free Yoghurt 3.95

Scrambled Eggs on Toast 4.95 (1,3) Add Bacon 2.50

Tea & Toast (1,7) 4.95

Barry's Tea or Warbler & Wren Coffee 2.90

Warbler & Wren Latte / Cappuccino 3.00

Hot Chocolate 3.50 **Herbal Tea** 2.90

Bowl of Cereal: Weetabix, Rice Krispies, Cornflakes 1.95 | Bowl of Granola 3.95 |
Glass of Juice Fresh Orange or Cranberry 2.00 | Clonakilty Irish Yoghurt 1.50 |
Stewed Apricot & Cinnamon

Slice of Toast Butter & Marmalade 1.50 | Slice of Brown Bread Butter & Marmalade 1.50

Extras: Bacon (2 Pieces) 2.50 | Sausage (2 Pieces) 1.50 | Black Pudding (2 Pieces) 1.00 | White Pudding (2 Pieces) 1.00 | Beans 2.00 | Tomato 1.00 | Mushrooms 2.00 | Egg 1.50

Allergens: 1. Cereals 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur 13. Lupin 14. Molluscs (g) Gluten free or can be ask your server (v) vegetarian