

# THE EMMET

CLONAKILTY

## B R E A K F A S T

### Flahavan's Porridge

Served with Honey or Cream  
6

### Emmet Granola

Served with Fruit or Fat Free Yoghurt  
6

### Freshly Squeezed Orange or Cranberry Juice

4

### The Full West Cork

Clonakilty Back Rashers,  
Sausages & Black Pudding, Rosscarbery  
White Pudding,  
West Cork Eggs Your Way,  
(fried, poached or scrambled),  
Toast  
14

### Mini West Cork

All of the above but smaller  
11

### Vegetarian Breakfast

West Cork Eggs - Your Way,  
(fried, poached or scrambled),  
Baked Beans, Grilled Tomato,  
Fried Mushrooms  
11

### Eggs Benedict

Poached West Cork Eggs,  
Bacon,  
Hollandaise Sauce  
Served on toasted Country Bread  
12

### Homemade Pancakes

Served with Maple Syrup  
8

Add Bacon 3

### French Toast

Served with Maple Syrup  
8

Add Bacon 3

### Scrambled Eggs on Toast

8

Add Bacon 3

### Tea & Toast 7

## H O T D R I N K S

### Solaris Organic Herbal Teas

Jasmine Green Tea, Berry Fruity,  
Chamomile Dream, Darjeeling, Earl Grey,  
Peppermint, Ginger Zest, Breakfast Tea,  
Lemon Verbena, Rooibos Cacao Chai  
4

### Barry's Tea

3.50

### Nespresso Coffees

### Espresso

Single 3 Double 4

### Americano

3.50

### Cappuccino

4.50

### Latte

4.50

### Hot Chocolate, Mini Marshmallows

4.50

### FOOD ALLERGY OR INTOLERANCE?

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order. Thank you.