



## B R E A K F A S T

**Flahavan's Porridge**  
Served with Honey or Cream  
6

**Emmet Granola**  
Served with Fruit or Fat Free Yoghurt  
6

### Freshly Squeezed Orange or Cranberry Juice

4

**The Full West Cork**  
Clonakilty Back Rashers,  
Sausages & Black Pudding, Rosscarbery  
White Pudding,  
West Cork Eggs Your Way,  
(fried, poached or scrambled),  
Toast  
14

**Mini West Cork**  
All of the above but smaller  
11

**Vegetarian Breakfast**  
West Cork Eggs - Your Way,  
(fried, poached or scrambled),  
Baked Beans, Grilled Tomato,  
Fried Mushrooms  
11

**Eggs Benedict**  
Poached West Cork Eggs,  
Bacon,  
Hollandaise Sauce  
Served on toasted Country Bread  
12

**Homemade Pancakes**  
Served with Maple Syrup  
8  
Add Bacon 3

**French Toast**  
Served with Maple Syrup  
8  
Add Bacon 3

**Scrambled Eggs on Toast**  
8  
Add Bacon 3

### Tea & Toast 6

Includes Barry's Tea or Nespresso Coffee

## H O T D R I N K S

**Pukka Herbal Teas 4**  
Three Chamomile Gorgeous Earl Grey  
Three Mint Lemongrass and Ginger  
Supreme Matcha Green

**Barry's Tea 3.50**

**Nespresso Americano 3.50**

**Nespresso Cappuccino 4.50**

**Nespresso Latte 4.50**

**Hot Chocolate, Mini Marshmallows 4.50**

### FOOD ALLERGY OR INTOLERANCE?

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order. Thank you.