



Breakfast

Freshly Squeezed Orange or Cranberry Juice

Flahavan's Porridge
Served with Honey or Cream (1,7) 3.95

Emmet Granola
Served with Fruit or Fat Free Yoghurt 3.95

The Full West Cork
Clonakilty Back Rashers, Sausages & Black Pudding, Rosscarbery White Pudding,
West Cork Eggs Your Way, (fried, poached or scrambled), Toast (1,3,7) 10.95

Mini West Cork
All of the above but smaller (1,3,7) 8.95

Vegetarian Breakfast
West Cork Eggs - Your Way, (fried, poached or scrambled),
Baked Beans, Grilled Tomato, Fried Mushrooms (1,3,7) 7.95

Eggs Benedict
Poached West Cork Eggs, Bacon, Hollandaise Sauce
Served on toasted Country Bread (1,3,7) 8.95

Homemade Pancakes
Served with Maple Syrup (1,3,6,7) 5.25 Add Bacon 2.50

French Toast
Served with Maple Syrup (1,3,6,7) 5.25 Add Bacon 2.50

Scrambled Eggs on Toast
4.95 (1,3) Add Bacon 2.50
Tea & Toast (1,7) 4.95
Barry's Tea or Nespresso Coffee

Allergens: 1. Cereals 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur 13. Lupin 14. Molluscs (g) Gluten free or ask your server (v) vegetarian